



CALLING ALL
SUPERHEROES!



GIVING FOR THURROCK DAY!!

FRIDAY 29TH MARCH 2019

**A DAY OF FUNDRAISING, CONNECTING
COMMUNITIES, VOLUNTEERING AND
RANDOM ACTS OF KINDNESS**

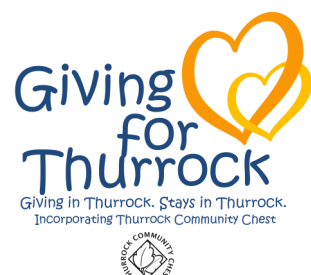
HOW TO TAKE PART?

Simple!! You can pledge anything from a day volunteering, fundraising or a random act of kindness.

To pledge just contact us via giving@thurrockcvs.org or download our online info pack using the link below.

Share your good deed on social media using the hashtag #ThurrockDay or tag @GiFThurrock

WWW.THURROCKCVS.ORG/GIVING-FOR-THURROCK



CHARITY NO. 1086690, THURROCK CVS, GRAYS, RM17 6XP, 01375 389890

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1 PLEDGE

Decide what you want to do and use a pledge card to take a photo. Share on Facebook, Twitter and email giving@thurrockcvs.org

2 PROMOTE

Use the event poster to show people what you are doing and invite them along. Let us know what you are doing and we will promote it along with everything else happening on the day

3 GIVE TO THURROCK

Take a picture of you “ Giving” on the day and share it - Be proud! Be a Superhero

4 CELEBRATE

Collect any donations and send them to Giving for Thurrock. We will have a grand reveal of money raised and all the fabulous activities people did on the day



giving@thurrockcvs.org



[@GiFThurrock](https://twitter.com/GiFThurrock)



[/GiFthurrock](https://www.facebook.com/GiFthurrock)



Text* *Thurrock* (amount) to 70085



Thurrockcvs.org/Appeal/giving-for-thurrock-donate

#THURROCKDAY

#GIFTHURROCK